

Christ Church Trumbull  
*The Fourth Sunday after the Epiphany*  
*January 28, 2024 ~ Year B*  
*10:00am Service*

**THE WORD OF GOD**

**Opening Hymn 362 (v. 1, 2 & 4) ..... “Holy, Holy”**

*Celebrant*      Blessed be God: Father, Son, and Holy Spirit.

*All*              **And blessed be his kingdom, now and for ever. Amen.**

*Celebrant*      Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

*All*              **Amen.**

**Gloria ..... S 280**

*Celebrant*      The Lord be with you.

*All*              **And also with you.**

*Celebrant*      Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

*All*              **Amen.**

**First Reading ..... Deuteronomy 18:15-20**

The LORD your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the LORD your God at Horeb on the day of the assembly when you said: ‘If I hear the voice of the LORD my God any more, or ever again see this great fire, I will die.’ Then the LORD replied to me: ‘They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.’

*Reader* Hear what the Spirit is saying to God's people.  
*All* **Thanks be to God.**

**Psalm 111** (*said responsively by whole verse*)

*Reader* Praise the LORD!  
I will give thanks to the LORD with my whole heart,  
in the company of the upright, in the congregation.

*All* **Great are the works of the LORD,  
studied by all who delight in them.**

*Reader* Full of honor and majesty is his work,  
and his righteousness endures for ever.

*All* **He has gained renown by his wonderful deeds;  
the LORD is gracious and merciful.**

*Reader* He provides food for those who fear him;  
he is ever mindful of his covenant.

*All* **He has shown his people the power of his works,  
in giving them the heritage of the nations.**

*Reader* The works of his hands are faithful and just;  
all his precepts are trustworthy.

*All* **They are established for ever and ever,  
to be performed with faithfulness and uprightness.**

*Reader* He sent redemption to his people;  
he has commanded his covenant for ever.

*All* **Holy and awesome is his name.  
The fear of the LORD is the beginning of wisdom;  
all those who practise it have a good understanding.  
His praise endures for ever.**

**Second Reading.....1 Corinthians 8:1-13**

Now concerning food sacrificed to idols: we know that 'all of us possess knowledge.' Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that 'no idol in the world really exists', and that 'there is no God but one.' Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their

conscience, being weak, is defiled. 'Food will not bring us close to God.' We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling-block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

*Reader* Hear what the Spirit is saying to God's people.  
*All* **Thanks be to God.**

**Sequence Hymn 525 (v. 1 & 2)**..... "The Church's One Foundation"

**The Gospel**..... **Mark 1:21-28**

*Celebrant* The Holy Gospel of our Lord Jesus Christ, according to Mark.  
*All* **Glory to you, Lord Christ.**

They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, 'What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.' But Jesus rebuked him, saying, 'Be silent, and come out of him!' And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, 'What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.' At once his fame began to spread throughout the surrounding region of Galilee.

*Celebrant* The Gospel of the Lord.  
*All* **Praise to you, Lord Christ.**

**The Sermon**..... Rev. Judith Alexis

**The Nicene Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,**

of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
    he came down from heaven:  
by the power of the Holy Spirit  
    he became incarnate from the Virgin Mary,  
    and was made man.  
For our sake he was crucified under Pontius Pilate;  
    he suffered death and was buried.  
On the third day he rose again  
    in accordance with the Scriptures;  
    he ascended into heaven  
    and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
    and his kingdom will have no end.  
We believe in the Holy Spirit, the Lord, the giver of life,  
    who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
    and the life of the world to come. Amen.

### **The Prayers of the People**

*Reader*     As we begin this time of prayer for one another, our community, and our world,  
                I invite any prayer requests for traveling, birthdays, anniversaries, or healing.

*Celebrant prays for all prayer requests. At the conclusion of these prayers, our Prayer Leader will continue:*

*Prayer Leader*   Let us pray for the Church and for the world. Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world. Lord, in your mercy

**All     Hear our prayer.**

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good. Lord, in your mercy

**All     Hear our prayer.**

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory. Lord, in your mercy

**All     Hear our prayer.**

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as he loves us. Lord, in your mercy

**All     Hear our prayer.**

Comfort and heal all those who suffer in body, mind, or spirit especially Anna, Max, Roger, Ellie, Rob, Sal, Maggie, Joanne, Stephen, Diane, Amanda, Albert, Bill, Peter, Craig, Sophia, Ron, Debbie, Nolan, Kris, Bud, Millie, Tom, Laura, Michelle, Eliane, Parrish, Martha, Laura, Richard, Doug, Bill, Jack, Cherry, Evan, Darryl, Hope, Edward, Leo, Julie, George, Steve, Peter, and Ginnie; give them courage and hope in their troubles, and bring them the joy of your salvation. Lord, in your mercy

**All     Hear our prayer.**

We commend to your mercy all who have died; that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom. Lord, in your mercy

**All     Hear our prayer.**

*Celebrant*     Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord.

**All             Amen.**

*Celebrant*     Let us confess our sins against God and our neighbor.

**All             Most merciful God,  
we confess that we have sinned against you  
in thought, word, and deed,  
By what we have done,  
and by what we have left undone.  
We have not loved you with our whole heart;  
we have not loved our neighbors as ourselves.  
We are truly sorry and we humbly repent.  
For the sake of your Son Jesus Christ,  
have mercy on us and forgive us;  
that we may delight in your will,  
and walk in your ways,  
to the glory of your Name. Amen.**

*Celebrant*     Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

**All             Amen.**

## The Peace

*Celebrant*      The peace of the Lord be always with you.

*All*              And also with you.

## Announcements

**Calvary St. George Community Supper:** We are donating 70 bagged dinners to Calvary St. George for their Community Supper on Monday, January 29<sup>th</sup>. We'd love for you to join us today, January 28<sup>th</sup> after the 10am worship service to pack the bagged dinners. We'll meet in the Uppercroft.

**Annual Meeting and Potluck Brunch** – Please join us for **one worship service at 9:30am on Sunday, February 4<sup>th</sup>** followed by CCT's Annual Meeting and Potluck Brunch. Please bring a sweet or savory dish to share! All are welcome and encouraged to attend.

**Prayer List** – We will clear our Prayer List at the beginning of February. If you'd like to keep someone on the list, please contact Maryanne in the parish office by Tuesday, January 30<sup>th</sup>.

**Readers Needed:** We are in need of readers at our 10am worship service. We have a few dedicated volunteers but would love to give them a Sunday off! If you are interested, please contact Maryanne in the parish office. We'd love to have you!

**Spirituality Monday:** Our Meditation Group meets virtually the first and third Monday of each month. Our Prayer Group meets virtually on the second and fourth Monday of the month. All are welcome to join. Please see the weekly eNews for the zoom link.

**Coffee Hour Volunteers:** We have open dates for volunteers to bring goodies to Coffee Hour. Please contact the parish office if you'd like to take a Sunday.

**Bible Study:** We are invited to join the Zoom Bible Study led by Fr. Kevin Olds at St Timothy's in Fairfield. The group meets every first and third Thursday from 7:30 to 8:30pm. Please see the weekly eNews for the Zoom link.

*Celebrant*      Walk in love as Christ loved us and gave himself for us an offering and sacrifice to God.

*Please stand*

**Offertory Hymn 371** ..... “Thou, Whose Almighty Word”

## THE HOLY COMMUNION

## The Great Thanksgiving

*Celebrant*      The Lord be with you.  
*All*              **And also with you.**  
*Celebrant*      Lift up your hearts.  
*All*              **We lift them to the Lord.**  
*Celebrant*      Let us give thanks to the Lord our God.  
*All*              **It is right to give him thanks and praise.**

*The Celebrant continues*

It is right, and a good and joyful thing, always and every where to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*All*.....**Sanctus S 130**

**Holy, holy, holy Lord, God of power and might,  
Holy, holy, holy Lord, God of power and might,  
heaven and earth are full, full of your glory.  
Hosanna in the highest. Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest. Hosanna in the highest.**

*The Celebrant continues*

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**All            We remember his death,  
                 We proclaim his resurrection,  
                 We await his coming in glory;**

*The Celebrant continues*

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with St. Nicholas, and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

**All            Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,  
          hallowed be thy Name,  
          thy kingdom come,  
          thy will be done,  
          on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
          as we forgive those  
          who trespass against us.  
And lead us not into temptation,  
          but deliver us from evil.  
For thine is the kingdom,  
          and the power, and the glory,  
          for ever and ever. Amen.**

### **The Breaking of the Bread**

*The Celebrant breaks the consecrated Bread.*

*Celebrant*        Christ our Passover is sacrificed for us;

**All**                **Therefore, let us keep the feast.**

*Celebrant*        The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

**Communion Hymn Piano Solo** .....“Come Share the Lord”

*Please stand. Say together*

**Post-Communion Prayer**

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

**Blessing** *(please stand)*

*Celebrant*        Remember friends, as we go, that life is short. And we have too little time to gladden the hearts of those who travel with us. So be swift to love, make haste to be kind. And the blessing of God Almighty, Father, Son, & Holy Spirit, be with you now and remain with you always.

**All**                **Amen.**

**Closing Hymn 616** .....“Hail to the Lord’s Anointed”

**Dismissal**

*Celebrant*        Go in peace to love and serve the Lord.

**All**                **Thanks be to God.**