

Christ Church Trumbull  
*The Fifth Sunday after Pentecost*  
July 5, 2020

**THE WORD OF GOD**

**Opening Hymn “Come to Me”**

*Refrain*

*Come to me all who labor and are heavy burdened,  
And I shall give you rest.  
Take up my yoke and learn from me,  
For I am meek and humble of heart.  
And you ll find rest for your souls,  
Yes, my yoke is easy and my burden is light.*

Verse 1

You, God, are my shepherd. I shall never be in need,  
Fresh and green are the meadows where you give me rest.

*Refrain*

Verse 2

Beside peaceful waters you restore my true self;  
There you lead me to walk in the path of new life.

*Refrain*

*Officiant* Blessed be God: Father, Son, and Holy Spirit.

***All* And blessed be his kingdom, now and for ever. Amen.**

*Officiant* Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.

***All* Amen.**

**Matthew Johnson** “Indescribable” .....by Chris Tomlin

*Officiant* The Lord be with you.

*All* **And also with you.**

*Officiant* Let us pray.

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

*All* **Amen.**

**The First Lesson** ..... **Song of Solomon 2:8-13**

The voice of my beloved!  
Look, he comes,  
leaping upon the mountains,  
bounding over the hills.  
My beloved is like a gazelle  
or a young stag.  
Look, there he stands  
behind our wall,  
gazing in at the windows,  
looking through the lattice.  
My beloved speaks and says to me:  
‘Arise, my love, my fair one,  
and come away;  
for now the winter is past,  
the rain is over and gone.  
The flowers appear on the earth;  
the time of singing has come,  
and the voice of the turtle-dove  
is heard in our land.  
The fig tree puts forth its figs,  
and the vines are in blossom;  
they give forth fragrance.

Arise, my love, my fair one,  
and come away.

*Reader*     Hear what the Spirit is saying to God's people.  
*All*            **Thanks be to God.**

**Psalm 145: 8-15** *(said responsively by half verse)*

The LORD is gracious and merciful,  
**slow to anger and abounding in steadfast love.**

The LORD is good to all,  
**and his compassion is over all that he has made.**

All your works shall give thanks to you, O LORD,  
**and all your faithful shall bless you.**

They shall speak of the glory of your kingdom,  
**and tell of your power,**

To make known to all people your mighty deeds,  
**and the glorious splendour of your kingdom.**

Your kingdom is an everlasting kingdom,  
**and your dominion endures throughout all generations.**

The LORD is faithful in all his words,  
**and gracious in all his deeds.**

The LORD upholds all who are falling,  
**and raises up all who are bowed down.**

The eyes of all look to you,  
**and you give them their food in due season.**

**The Epistle ..... Romans 7:15-25a**

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord! So then, with my mind I am a slave to the law of God, but with my flesh I am a slave to the law of sin.

*Reader*     Hear what the Spirit is saying to God’s people.  
*All*         **Thanks be to God.**

**The Gospel .....****Matthew 11:16-19, 25-30**

*Officiant*     The Holy Gospel of our Lord Jesus Christ, according to Matthew.  
*All*             **Glory to you, Lord Christ.**

‘But to what will I compare this generation? It is like children sitting in the market-places and calling to one another,  
“We played the flute for you, and you did not dance;  
we wailed, and you did not mourn.”

For John came neither eating nor drinking, and they say, “He has a demon”; the Son of Man came eating and drinking, and they say, “Look, a glutton and a drunkard, a friend of tax-collectors and sinners!” Yet wisdom is vindicated by her deeds.’

At that time Jesus said, ‘I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

‘Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.’

*Officiant*     The Gospel of the Lord.  
*All*             **Praise to you, Lord Christ.**

**The Sermon**.....Joel Frazier

## **Nicene Creed**

**We believe in one God, the Father, the Almighty,  
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light, true God from true God,  
begotten, not made, of one Being with the Father.**

**Through him all things were made.**

**For us and for our salvation he came down from heaven:**

**by the power of the Holy Spirit he became incarnate from the  
Virgin Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate;**

**he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;  
he ascended into heaven and is seated at the right hand of the  
Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## **The Prayers of the People**

*Prayer Leader* God of freedom and peace, we pray for our church, our local communities, and our nation. God of freedom,

*All* **Hear our prayer.**

*Prayer Leader* God of mercy, awaken in us compassion and humility of spirit, as we seek and serve Christ in all persons. God of mercy,

*All* **Hear our prayer.**

*Prayer Leader* God of love, we pray for healing for all those who suffer from any illness or trouble especially Rob, Doug, Anna, Margaret, Evan, Mary, Debbie, Peter, Justin, Max, Mike, Matt, Amalia, Beckett, Kellen, Brandon, Alexis, Barbara, Brian, Sophia, Paul, Janos, Marika, Dorothy, Brittany, Grace, Tony, Pat, Jennifer, Thomas, Ben, Ray, and Kim. God of love,

*All* **Hear our prayer.**

*Prayer Leader* God of grace, we pray for those who have died especially, Robert, Joseph, and Nancy, in the hope of the resurrection, and for all the departed. God of grace,

*All* **Hear our prayer.**

### ***Silence***

*Officiant* Heavenly Father, you have promised to hear what we ask in the Name of your Son; Accept and fulfill our petitions, we pray, as you know and love us in your Son Jesus Christ our Lord.

*All* **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven, hallowed be thy Name,  
thy kingdom come, thy will be done, on earth as it is in  
heaven. Give us this day our daily bread. And forgive us  
our trespasses, as we forgive those who trespass against**

**us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

**Closing Hymn “O Jesus, I have promised”**

O Jesus, I have promised  
to serve thee to the end;  
be thou forever near me,  
my Master and my Friend;  
I shall not fear the battle  
if thou art by my side,  
nor wander from the pathway  
if thou wilt be my guide.

O let me hear thee speaking  
in accents clear and still,  
above the storms of passion,  
the murmurs of self will.  
O speak to reassure me,  
to hasten or control;  
O speak and make me listen,  
thou guardian of my soul.

O Jesus, thou hast promised  
to all who follow thee,  
that where thou art in glory  
there shall thy servant be;  
and, Jesus, I have promised  
to serve thee to the end;  
O give me grace to follow,  
my Master and my Friend.

**The Peace and Dismissal**

*Officiant*     The peace of the Lord be always with you.

*All*             **And also with you.**

## **Announcements**

### **Book Club**

Paige and Pastor Jane are leading a Book Club via Zoom, Mondays from 5-6pm. It will run through August 10<sup>th</sup>. All are welcome! The Zoom ID is 835 2512 5007. The book is "Non-Violent Communication" by Marshall Rosenberg. As we are all quarantined, this book provides an opportunity to try out a new way of communicating with one another in our homes and our communities. We will have activities based on two chapters each week. You can get the book from Amazon or a virtual library. If you have not had a chance to read the chapters, we still encourage you to join!

### **Coffee Hour**

For those who are gathering virtually we encourage you to log into our Coffee Hour today at 10am hosted by Ginnie!

### **Parenting in the Wilderness**

ECCT invites parents into a sacred space of compassion and grace, hoping to provide some support and fellowship to those struggling to make it all work, as we care for our children. These virtual sessions will begin on June 25<sup>th</sup> and will meet on the 2<sup>nd</sup> and 4<sup>th</sup> Thursdays of the month with three meeting times: 9am, noon or 8:30pm. Pastor Jane will be hosting the noon session. If you are interested, please contact the parish office for the meeting link.

### **Meditation Group**

This group is led by Peter Ulisse and meets the 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month at 12:00 p.m. Peter will lead the group through a meditation. No experience necessary! Please contact the parish office if you'd like to be added to our group.

### **Weekly Prayer Call**

This group is led by Ginnie Glassman and Susan Vasone and meets every Wednesday at 1:30pm. It is a time to talk about what is on your mind, listen to others' concerns, pray for and encourage each other. Please contact the parish office if you'd like to be added to our call.